



The comprehensive school “Velbert-Mitte”

Digital newspaper project

- 2022/2023 -



Student reports

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All these topics and questions were prepared by the photography and English course in form 9. They started group works in a report project and interviewed students of our school or pedestrians in the city of Velbert.

So here are the results.

Enjoy reading!

What is healthy eating?

First of all everything is healthy to eat if you don't eat too much.

But too many people think that you need to eat many fruits to be healthy. It is wrong!

If you have a healthy diet you don't need to be worrying about unhealthy food.

But what is even healthy food?

Healthy food is food that gives you all the nutrients you need to stay healthy, feel well and have plenty of energy. The best way to ensure you're eating healthily is to eat a wide variety of different kinds of food.

We asked five people about what they eat and those were the answers:

Number 1: He told us that he eats meat, but he wants to eat less meat. (About 50 years old)

Number 2: He told us that he eats normal thing, (20-25 years old)

Number 3: He was vegetarian (About 25-30 years old)

Number 4: He eats very fancy food (About 70 years old)

Number 5: She eats meat and vegetables (About 60-70 years old)

Healthy food

Unhealthy food

Any kind of fruits	Fast food
Any kind of vegetables	Sweets
Fish	Soft drinks
Meat(not too much fat)	Meat(too much fat)
Water	Alcohol

From different sources



This is a German bakery. You can buy a lot of bread and healthy sandwiches.

It could be expensive.



This is a Kebab house in Velbert. You can buy a lot of unhealthy meals. But it will keep your belly full.

Sometimes it is cheaper to buy a Kebab than a sandwich at a bakery.

(by Fabian B., Georgious K., Toni A., Joshua K.)

Do we have discrimination at our school GVM?

We asked ourselves if our students experienced discrimination at our school?

For this research we asked the international class about their experiences. We started with a quiz.

The teacher of our International class recently shared her experience of being discriminated due to wearing a headscarf. Unfortunately, many people assume that she has not received an education. This is extremely unfair, as she is a regular human being who has passed her exams. Wearing a headscarf is a personal choice based on her religion, and it does not define who she is as a person.

Not only the teacher told us her experience about discrimination but also the students of the International-class told us their experience about discrimination. The students in this class who told us their experience about discrimination are in the age of 11-15. The students told us that they get quite discriminated and are not tolerated in a way.

So we must work together to create a society that is accepting including all individuals and avoiding discrimination

against people who can't speak German very well.

Another opinion is that it is very unfair because they try to learn German as normal humans.

Discrimination should not be tolerated.

As a conclusion our result is that bullying can come due to discrimination. So if you don't know what bullying is, we told you about it.



Bullying is an act of repeated aggressive behaviour in order to intentionally hurt another person, physically or mentally. It often happens in schools, at work and other public places. People who get bullied could develop mental health issues and in extreme cases end their life`s. Discrimination is the act of treating people of different categories in unjust or prejudicial ways especially on the grounds of ethnicity, age, sex or disability. Bullying is still to this day seen as something that Isn`t taken seriously while Discrimination is very clearly defined and prohibited.

Now we hope that you understood what bullying and discrimination can do with other people.

(Fiona A., Manil Y., Patryk K., Jason K., Anna C., Emely P.)

How do our students like our library and canteen?

At the Velbert-Mitte comprehensive school we interviewed several students about the library and canteen. There were some criticism in the process. One of the students interviewed complained about the food in the cafeteria as it is unfair for some Muslims who are only allowed to eat meat that has been slaughtered by someone from their religion. Some students claim there was lint or hair in their food. What the students like, however, is that the canteen offers a wide variety of food and that they also have a menu for vegetarians. Also it is a friendly and colourful place to eat their lunch.

According to the school library, it was rated very positively. The students think it is good that you can do your homework there in your free time and you can get information for your poster or presentation. Most students find that the library offers comfortable seating.

We have learned that the students think the library is very good, but that the cafeteria could be improved.

(Daimon I., Toghrul G., Meerle K., Neeltje B.)

How many of our students have a sleep disorder?



Hello everyone,

we want to present you the topic sleep disorders.
Every third student suffers from sleep disorders.

They are very tired during the day and have no motivation.

The students do not get much sleep and they are also stressed.

This can lead to situations that the students do not notice much of the lesson and are unfocused. The most get 7 hours of sleep or less but optimal would be 8 to 11hours. And we as a group went through several classes to ask the students the following questions:

1. Do you feel rested?
2. Does your sleep affect your performance in school?
3. Do you get enough sleep on weekends?
4. Did you fall asleep in lesson?

The students then answered the questions with yes or no on a piece of paper and these are the results:

On the first question „..." Most of the students vote for yes with 43 votes and 10 Voted for no. So the answer yes won with 43 votes

The second question „..." got answered with yes with 34 votes and no was chosen by 20 students. So also here the answer yes has won.

The third question „..." Most of the students have voted yes with 33 votes. No got the lowest vote 19.

Last but not least the question „...". The most student voted no with 34 votes. The answer yes just got 18 votes. So here the winner is no.

After the project we came to the point hat most of the students got sleep disorders So that was the results of our topic sleep disorders.

(Salsabil B., Olivia L., Shaima B., Diana S., Leonie L.)

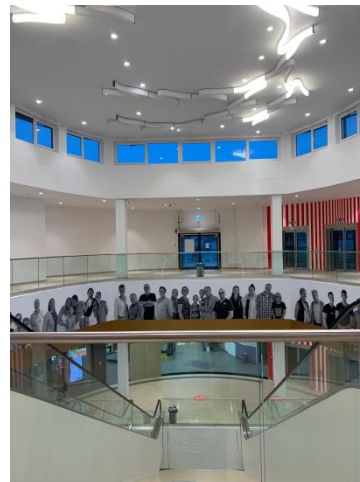
Does the city centre in Velbert Mitte realize the expectations of the visitors?

The shopping centre "City centre" in Velbert-Mitte has a new owner for about a year now. Centre manager Jürgen Firsbach and his team work hard to make "the City Gallery" an attraction for the people in the region.

The 40 shops of the City Gallery enrich the costumers. Most of the customers are satisfied with it and the various shops inside, even though there are many closed shops. A lot of customers visit the book store „thalia“in the City Gallery most of the time. A few years ago, they used the area more for food and catering, than for sales. Today there is already 20 percentage more new openings of shops and sales than before. This step brings hope to attract ~~of~~ more customers to the Gallery. The food court itself is wealthy designed and has established an individual catering concept with *L'Italiano* on 500 square meters.

In the past the social media team of the City Gallery gave pieces of information about the progress on the construction of City Gallery on Instagram to makes it a lot more interesting to the citizens of Velbert. The shopping centre offers stores for fashion, health, beauty and food and catering. The customers are fine and feel totally ~~good~~ well about the customer service. Especially according to the popular store „Thalia´´. It doesn't bother them at all that there are closed stores and empty shops.

To put in a nutshell the centre is quite big for a small city like Velbert and it is also well known, because it's the only centre in Velbert.



(Eda K., Till J., Azra K., Sophy K.)

The GVM - which may need renovation?

Hello everyone,

we introduce you to the following topic that we were interested in.

In the first part we write about the substitution plan.

In the second part we answer the question why the GVM needs renovation.

In the last part we describe the view of the GVM.

Substitution plan

In the GVM there are three entrances. Some of the pupils/ students use the entrance of the cafeteria. Many pupils complain that there is no substitution plan around the cafeteria. Moreover it's annoying, that there is no substitution plan online. *„The thing I hate the most is when I go to school and the first lesson is canceled so I have to wait for an hour. as there is no way I can get the information earlier via a substitution plan available online, so I could check before coming to school.“* M. J. (Name changed by the editor)

3-4	6A	DOM	IF	IN1	Vertretung	IF	DAV
5	6A	LAS	OL	211	Vertretung	OL	DAV
7	6A	---	---	---	Entfall	OL	DAV
5	7-10	---	---	---	Entfall	QA	GAS
8-9	7-10	---	---	---	Entfall	AG	HEU
8-9	7-10	---	---	---	Entfall	AG	LOE
3	7ABDE	MAL	WDUG	AULA	Vertretung	WDUG	KCH
4	7ABDE	BUG	WDUG	310	Vertretung	WDUG	KCH
5	7ABD	CHA	REL1	310	Vertretung	REL1	LOC
6	7ABD	FAL	REL1	310	Vertretung	REL1	LOC
2	9C	---	---	---	Entfall	BI	STE
1	100	---	---	---	Entfall	KL	LOC
1-2	10CF	---	---	---	Entfall	CH G4	SWA
5-6	10BC	DOM	M G3	511	Raum-Vtr.	M G3	DOM
1-2	10BCF	---	---	---	Entfall	CH E4	FIS
5	10A	BAN	KL	110	Vertretung	KU	STE
6	10A	BUC	AW	110	Vertretung	KU	STE
3	EF	+	---	---	eigenv. Arb.	D G3	SPE
3-4	EF	JON	D G4	500	Klausur	GE G4	JON
3-4	EF	+	GE G4	500	eigenv. Arb.	GE G4	JON
3-4	EF	MLR	D G1	305	Klausur	D G1	MLR
3-4	EF	+	---	---	eigenv. Arb.	D G1	MLR
3	EF	TAN	D G2	506	Klausur	M G2	TAN
3	EF	+	M G2	506	eigenv. Arb.	M G2	TAN
3-4	EF	SPE	D G3	316	Klausur	---	---
4	EF	CHA	D G2	508	Klausur	---	---
4	EF	+	M G3	506	eigenv. Arb.	M G3	CHA
4	EF	+	GE G2	316	eigenv. Arb.	GE G2	SPE
1-2	Q1	+	---	---	eigenv. Arb.	ES L1	SEI
1-2	Q1	STF	D G2	AULA	Klausur	---	---
1-2	Q1	FRI	D G1	507	Klausur	---	---
1-2	Q1	+	EK L1	509	eigenv. Arb.	EK L1	KAN
1-2	Q1	+	BI L1	501	eigenv. Arb.	BI L1	FRI
1-2	Q1	---	---	---	Entfall	D L1	STF
1-2	Q1	KAN	D L2	AULA	Klausur	---	---
1-2	Q1	+	---	---	eigenv. Arb.	---	---
1-2	Q1	MLR	D L3	AULA	Klausur	D L3	MLR
1-2	Q1	STF	D L1	AULA	Klausur	---	---
3	Q1	SWE	D L3	AULA	Klausur	---	---
3-4	Q1	+	PH G1	PH1	eigenv. Arb.	PH G1	DOM
3-4	Q1	ZSK	D L2	AULA	Klausur	---	---
3	Q1	KEU	D G1	507	Klausur	---	---
3-4	Q1	EVR	D L1	AULA	Klausur	---	---
3-4	Q1	+	BI G3	BU2	eigenv. Arb.	BI G3	ZSK
3	Q1	EVR	D G2	AULA	Klausur	---	---
3	Q1	EVR	---	---	Entfall	D G2	EVR
4	Q1	+	D G2	507	eigenv. Arb.	D G2	EVR
4	Q1	KIP	D L3	AULA	Klausur	---	---
1	G4	KON	LI G1	501	Raum-Vtr.	LI G1	JON

The image shows a large digital display, likely a monitor or a wall-mounted screen, displaying a complex schedule or data table. The table is organized into multiple columns and rows, with various entries including names, numbers, and possibly dates or times. The display is mounted on a wall, and the background is a plain, light-colored surface. The table content is dense and appears to be a detailed schedule or a list of events, with some entries highlighted in different colors (yellow, green, blue). The overall layout is structured and professional, typical of a corporate or institutional display.

Old

New

The view of the GVM

The building looks dirty from the outside and suppose to be painted and cleaned. Since it doesn't make a good impression to people who don't attend our school and even people who attend the GVM think it looks old and dirty and not pretty at all.

The outside of the building and the schoolyard do not seem that welcoming and is plain and boring, there are barely any things to play with like swings.

There's also an old elevator inside the building which is only allowed to be used by teachers and sick students. Even though it's there, it's often out of order and there are some technical issues at the moment.



The walls in our school have boring colors and are often dirty in every corner as well as there are gums everywhere.

They are painted with graffiti as

well. The toilets are the same, always dirty and disgusting. The sink is not working and the dryers neither. I would order new toilets, sinks and make the dryers useable.

Another thing that is needed to mordenize the building are the-desks and chairs because the ones we have right now are falling apart and are uncomfortable

The plants in our school are not that many in total and the ones we have right now are very plain. We could use more of them and could fix them in our free time. We don't have much to do and no places to sit so we would need more things to do and more places to sit.



(Maya M., Melike K., Christoph Z., Darius L., Lukas W.)

The city centre and its buildings then and now

The Hertie building:

The Hertie building was founded in 1933 by the creditor banks, the Hertie Department store Holding Company.

In 1933, the owner Hugo Zwillenberg resigned from the management after a business dispute.

But how does the future look now?

A construction concept was presented in a non-public meeting in 2022. Approximately 100 apartments, offices and commercial restaurants supposed to be built under the project name „open and green“



The Hertie building 5 months ago and the Hertie building 2 years ago

Old Town Hall:

The first phase of construction began in the early 1930's. In May 1934 the town hall was finished.

In the future the town hall will be completely owned by the city. It has bought the town hall sections on *Thomasstreet* and *Friedrich-Ebert-Street* for about 12 million Euros. Previously, the city had to rent the rooms, which made voting more difficult. Velberts Mayor Dirk Lukrafka hopes that the city can now make decisions more flexibly.

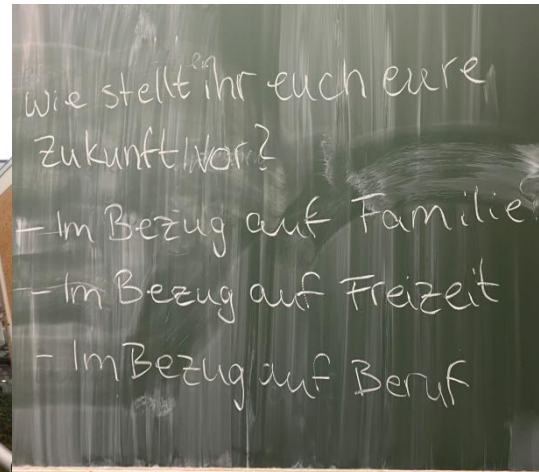


The City Hall in 1935

(Mohamad H., Jason G., Marisol S., Melina M., Angel K.)

The kids of the Gesamtschule Velbert Mitte and their future plans

What does the future of the students at the Gesamtschule Velbert Mitte actually look like?



We will answer the question for you as following. We asked students from different classes how they imagine their future in different areas.

As you can see in the first picture, there are three different topics that we asked the children.

The first question was how they imagine the future in terms of family. We were able to find out that a lot of people still have the standard performance. The standard idea is that you have two children, a husband and have very good contact with both families. Whether in the 5th class or in the upper school, we have found out that many also do not want to have children.

In the second question we wanted to know how the students want to spend their free time in the future. When we checked the answers, it was obvious that they don't know yet. However, some felt that

they wanted to have plenty of time for family, friends or hobbies.

Finally, we come to the topic of work. It's amazing the answers that came out. As with the other questions, there were some who were not yet sure which profession they wanted to pursue. There are diverse and similar to the other questions, there were some who were not yet sure which profession they wanted to pursue. There were professions of all kinds. The people who are not yet sure what they want to do, just want to make a lot of money and have a lot of fun in their job.

So what can we conclude? Every single person has a different vision for their future. Whether they are adults or still children, many of these students still have a "natural" conception. That means they want a house, a family with two children, happy and a job with a lot of money. All in all, most of them imagine their future in a similar way.

(Izabela B., Fabienne R., Kaan L.)

The school basement - a lost place

„What's inside the school basement?“ Is a question that the students of the comprehensive school in Velbert-Mitte ask themselves. The building has been there since 1960's. So how does the basement of such a huge school look like?

The basement was used to be for storage of old instruments, old furniture or trash for example old drink cans. The basement consists of long dusty corridors with a lot of tubes. On one side of the basement there is a shelter with several rooms. The boiler room is also in the basement. But what is inside it nowadays? The basement is now mostly empty because it has been cleaned out. Sadly it will be empty in the future because there isn't enough emergency exits. But we asked some students and teachers what they would make out of the basement if it were possible.



Two students suggested that it would be a good freetime activity room for example a bowling alley or a party room. The school counsellor said it would be a great idea if they would make an escape room or disco room. The photography teacher ~~means~~ proposes that it is a good idea to ~~make~~ change it into a laboratory for (?) experiments. He also said that it could be a mini cinema or photo studio. Maybe also a minigolf alley. Although the ideas are very nice the most realistic thing is going to stay as a storage room :(Just like the school counsellor suggested.



(Angelika F., Mila M., Emely B., Enie G.)

-----Photo report-----

Interviewing students of the GVM about the Theme Week (*Motto-Woche*)

5th grade:

We asked different students from the 5th grade, what they expect of the theme week and what costumes they would like to wear.

The majority of the students thought that the theme week means not taking a school bag to school. Furthermore, they would come as childhood heroes, for example: *Wonder Woman*, *Spider man*, *Spongebob*. But the most popular one is to come as a football player.



7,8,9th grade:



Next, we asked the seventh to the ninth grade what they think about the theme week and what categories they would like to have.

The students are thrilled about the theme week. They think, it is amazing and funny, because it keeps them away from lessons and the time passes by fast. Moreover they would have the categories: childhood heroes, nationality, pjama/ home office, teacher.

EF/11th grade:

We asked them how they found their theme week in the past and whether their expectation became true.

They found it cool, especially the storming into the classes was fun for them as well as the loud music.

What they didn't find so great were the topics, because they constantly repeated themselves and it got boring. In addition, they were banned a lot, that is why the theme week was fine but not great. Most of all they would have liked water battles, but the teachers were too strict.

Teachers:

At least we asked some teachers, including the principle of the school, what their opinion is about the theme week and where their limits and positive/negative experiences are.

They think the theme week is quite nice because the students can present themselves from an enthusiastic perspective. In addition, they also find it funny the way the students dress up. On the other hand, it is exhausting and the rules must be observed.

The limits of the teachers are individual injuries, alcohol, inappropriate behavior, use of water for fun, extremely loud music, especially in the foyer, the foyer is sacred to the director. The teachers are quite surprised how creative the students are and that they usually stick to the rules and also ask where the limits are. Other teachers think that the topics are repeated and there should be new topics. What the teachers have also experienced are cars in the schoolyard which

is also absolutely forbidden, as it can lead to injuries during the break.

All in all we think that the teachers suppose to be more relaxed in the future, but not too much of course. Furthermore, the students should also stick to the rules.

All the students think the theme week is fantastic on the whole,—as they are more motivated to finish their school years.

(Elif T., Naoual B., Gabriel P.)

The End...